

Create *Your* New Look in 2012!

Sign up for our unique weight loss program
that targets *mind, body and soul*

Over 8 weeks, you will receive:

- ✓ **3 visits with Naturopath** to target diet and other barriers to weight loss
- ✓ **3 Osteopathy sessions** to work on physical impediments to weight loss
- ✓ **3 visits with Life Coach** to focus on setting goals and staying motivated
- ✓ **1 wrap-up visit** with all 3 practitioners
- ✓ **1 resource package**
- ✓ **Support group access** once program is complete or option to renew at discounted rate

Value: Over \$800!!

Cost: *Only* \$699 if you register by February 14
(that's less than \$90 a week! You're worth the investment!!)

VYANA WELLNESS NATUROPATHIC CENTRE
124 Weber St. S.
Waterloo
519 772 1099
www.vyanawellness.com

Naturopath and osteopathy visits are covered by most health plans